



## JUJITSU SYSTEM OVERVIEW

### **This Is the First Jujitsu System of Its Kind.**

Most Jujitsu systems are the work of one outstanding technician, but this is not the case with our USJA Jujitsu system. USJA Jujitsu is not a personal system; it is the product of a multitude of experts with over 1,000 years of street and technical experience who have taught thousands the Way of Budo. Like so many other USJA programs, our Jujitsu system is unique. The philosophy, techniques, and training methods represent a milestone in the history of American Budo.

Three basic premises guided the selection of USJA Jujitsu techniques:

- Each could be performed by those without a lot of strength.
- Each had to be simple to understand and apply.
- Each had to be legally defensible.

One exceptional feature of our system is that it is not static. The techniques and rank requirements constantly undergo review and revision. The goal is to maintain a compilation of techniques applicable to today's lifestyles and needs, not those of a bygone era.

Other aspects of our system include:

### **Rank Recognition**

Members of USJA, who hold jujitsu rank from an organization recognized by USJA Jujitsu Division, may have that rank recognized by the USJA, upon request. A copy of the rank certificate of the issuing organization must be submitted to the USJA, along with a completed Request for Rank Recognition form. A \$35 certification fee is required. Upon acceptance and approval by the Jujitsu Promotion Board and payment of the required fee a USJA jujitsu certificate will be issued. This process is a one-time occurrence.

After initial recognition of existing rank all further promotions will follow the standard jujitsu promotion process in effect at the time of next promotion. Subsequent promotions from another organization will not be accepted.

Recognition of other jujitsu organizations is at the sole discretion of the USJA Jujitsu Division.

### **Validation of Jujitsu Skills**

The USJA recognizes that there may be instances where people have studied Jujitsu for many years but have no valid rank certificate to substantiate efforts and skills. In such cases the process of Rank Validation may be appropriate. Refer to the Jujitsu Recommendation for Validation of Rank form for specific details. Basically, a CRE must examine such a candidate. The CRE will determine the appropriate rank based on the practical examination and substantiating paperwork.

## Technical Requirements for Promotion

The order in which the student learns techniques is not important. Therefore, specific techniques for each rank have not been identified. Instead, a specified number of various types of techniques for each rank have been established. See the Jujitsu Test for Promotion & Validation on the USJA website. By designing the rank structure in this way, both student and instructor have input in how the student progresses through ranks. We focus on higher level technical achievement rather than rank attainment.

## Additional Promotion Requirements for Yodan and Above

These higher ranks are reserved for sensei who are leaders in their dojo, community, and region and are considered experts whose rank should reflect their accomplishments.

It is of utmost importance to ensure quality of candidates seeking higher rank. Written applications and recommendations alone may be inadequate to confirm a candidate's competence.

The candidate should seek to test in front of one of the CREs. Sometimes this may be impractical and expensive.

On a case-by-case basis, the Promotion Board may authorize the candidate to submit a typed complete Jujitsu history and comprehensive biography listing achievements and services in chronological order and detail. The candidate must provide an online video demonstrating and teaching Jujitsu appropriate for the rank being requested. Refer to the Jujitsu Recommendation for Promotion form on the USJA website for details.

CRE recommendations will be taken into consideration; however, the USJA Jujitsu Committee will have the final say in determining a candidate's promotion.

## All black belts are required to complete the following:

SafeSport - [SafeSport](#)

Heads Up Concussion Training - [Heads Up](#)

Background Screen

- Refer to USJA's [Background Screening Policy](#)
- Complete online request for background screening [SCCI Background Screening](#)

We strongly recommend that all teens and older, of any rank, complete these training programs.